



2025 ROCHESTER AREA SPORTS BANQUET

NOMINATION FORM

Deadline to Submit Nomination: November 30th, 2025

I nominate the following for:

- ☐ Lifetime Achievement Award _____
- ☐ Male Athlete of the Year _____
- ☐ Female Athlete of the Year _____
- ☐ Coach of the Year _____
- ☐ Female Team of the Year _____
- ☐ Male Team of the Year _____
- ☐ Adaptive Athlete/Team of the Year _____
- ☐ Post-Secondary Male Athlete of the Year _____
- ☐ Post-Secondary Female Athlete of the Year _____

(Eligibility criteria listed on the back side of this form)

Provide a brief explanation of why this award should be given to your nominee. Nominees must live within a 30-mile radius of the city of Rochester. (If additional space is needed, please attach a document with your nomination).

The top five nominees or Award Recipient from each category will be selected and announced on December 5th, 2025. Finalists will be honorary guests of the event. The winners will be presented at the Sports Banquet on February 1st, 2026. Call 507-280-4701 for ticket information.

Your Name: _____

Phone: _____ Email: _____

Return filled out form by November 30th, 2025 to:

Rochester Sports
tgrabowske@rochestermnsports.org

Nominee Contact Info:

Name: _____

Phone: _____ Email: _____

Eligibility Criteria for Nominees

- Athlete must perform their sport and (ongoing) achievement during the 2025 calendar year. This may not include the entire season but the majority of it.
- Athlete must be of an amateur status.
- Athletes of any age are eligible for nomination.
- Athletes may participate in any type of sport to be considered for selection.
- All nominees must reside or attend a school within a 30 mile radius of the Rochester community. Nominees that live within a 30-mile radius, but attend a school outside of the boundary are still eligible. Eligible surrounding communities: Byron, Chatfield, Dodge Center, Dover-Eyota, Fillmore, Fountain, Goodhue, Grand Meadow, Hayfield, Kasson-Mantorville, Lake City, Lewiston-Altura, Pine Island, Plainview-Elgin-Millville, Spring Valley, Stewartville, St. Charles, Wanamingo, West Concord, Wykoff, Zumbrota-Mazeppa.
- Collegiate/Post High School athletes are now eligible for the Post-Secondary Athlete of the Year but must have graduated from a high school located in the 30 mile radius as defined above. **These individuals will no longer qualify for Male or Female Athlete of the Year.**
- Athletes must be in good standing with their respective school.