



Rochester Sports Banquet – Rochester, Minnesota Award Finalists & Winners – 2008-Present

Amateur Sports Organization of the Year

2017 Amateur Organization of the Year:

****Rochester Youth Fastpitch Softball Association***

2016 Amateur Organization of the Year:

****Rochester Youth Baseball Association***

Rochester Area Lacrosse

Rochester Youth Fastpitch Softball Association

Orcas Swim Club

Rochester Figure Skating Club

2015 Amateur Sports Organization of the Year:

Rochester Community Youth Basketball Association

Kiwanis

Rochester Youth Fastpitch Softball Association

****American Legion Baseball***

MN Clash Wrestling

2014 Amateur Sports Organization of the Year:

Rochester Youth Baseball Association

Med-City Marathon

Just for Kix

The Rotary Clubs of Rochester

****MN USA Wrestling***

2013 Amateur Sports Organization of the

Year: Rochester Century Girls Track Program

Rochester Youth Baseball Association

Rochester Youth Soccer Association

Rochester Youth Volleyball Association

****Rochester Swim Club Orcas***

2012 Amateur Sports Organization of the Year:

****Rochester Youth Volleyball Association***

Rochester Swim Club - Orcas

Northland Youth Wrestling Association

Rochester Youth Hockey Association

Rochester Youth Football Association

2011 Amateur Sports Organization of the Year:

Southeast Minnesota Wrestling Coalition

Rochester Area Lacrosse

Rochester Swim Club Orcas

****Rochester Figure Skating Club***

Northland Youth Wrestling Association

2010 Amateur Sports Organization of the Year:

Rochester Softball

Association Rochester

Honkers – Baseball

Rochester Area Lacrosse

****Southeast Minnesota Wrestling Coalition (SEMWREC)***

Rochester Quarterbacks Club

2009 Amateur Sports Organization of the Year:

Rochester Ice Hawks

Rochester Youth Soccer Association

Rochester Honkers

Rochester Orcas Swim Club

****Rochester Community Youth Basketball Assoc.***

2008 Amateur Sports Organization of the Year:

****Minnesota Ice Hawks – Hockey***

Rochester Youth Soccer Association

Rochester Royals – Baseball

Rochester Figure Skating Club

Rochester Track Club

2007 Amateur Sports Organization of the Year:

Minnesota Ice Hawks – Hockey

The Clash – National High School Wrestling Duals

Rochester Area Disabled Athletics & Recreation (RADAR)

****Rochester Youth Football Association***

Med-City Marathon

2006 Amateur Sports Organization of the Year:

Minnesota Ice-Hawks – Hockey

****Rochester Honkers – Baseball***

Rochester Softball Association

Rochester Youth Hockey Association

Rochester Youth Soccer Association

2005 Youth Sport Organization of the Year:

Rochester Youth Volleyball Association

Rochester Youth Basketball Association

****Rochester Youth Baseball Association***

Rochester Youth Football Association

Rochester Youth Hockey Association



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Amateur Team of the Year

2024 Amateur Teams of the Year:

Female Team of the Year

Fillmore-Central Girls Golf
Century Girls Swimming
Mayo Girls Tennis
Goodhue Girls Basketball
Dodge County Girls Hockey

Male Team of the Year

RCTC Wrestling
St. Charles Track & Field
Chatfield Wrestling
Stewartville Track & Field
Stewartville Football

2023 Amateur Team of the Year:

SCLA Girls Soccer
***Stewartville Football**
RCTC Women's Basketball
PIZM Boys Soccer
Mayo Girls Tennis

2022 Amateur Team of the Year:

Century Girls 4x100
***Chatfield Softball**
Hayfield Boys Basketball
Lourdes Girls Tennis
Chatfield Football

2021 Amateur Team of the Year:

Chatfield Football
***Hayfield Baseball**
Hayfield Boys Basketball
Lake City Girls Golf
St. Charles Softball

2019 Amateur Team of the Year:

Stewartville Volleyball
***Lourdes Softball**
RCTC Volleyball
Lourdes Girls 4x100 Relay
St. Charles boys Track & Field

2018 Amateur Team of the Year:

Zumbrota Mazeppa Wrestling
***Lourdes Football**
Kasson-Mantorville Volleyball
Lourdes Boys Tennis
Kasson-Mantorville Wrestling

2017 Amateur Team of the Year:

Zumbrota-Mazeppa Softball
PEM Boys Track & Field
Goodhue Girls Basketball
Shock 9th Grade Basketball
***Kasson-Mantorville Wrestling**

2016 Amateur Team of the Year: Grand

Meadow Football
***Zumbrota-Mazeppa Softball**
PEM Girls Basketball
Kasson-Mantorville Wrestling
Lourdes Football

2015 Amateur Team of the Year: ***Grand**

Meadow Football
Dover-Eyota Girls Basketball RCTC
Football
Kasson-Mantorville Softball RCTC
Volleyball

2014 Amateur Team of the Year:

Grand Meadow Football
Chatfield Wrestling Lourdes
Football
***Kasson-Mantorville Softball**
Stewartville Volleyball

2013 Amateur Team of the Year:

***Gopher Football – Chatfield** Falcons
Volleyball – Fillmore Central Superlarks
Football – Grand Meadow Komets
Baseball – Kasson-Mantorville
Komets Wrestling – Kasson-Mantorville

2012 Amateur Team of the Year:

Bulldogs Boys Basketball – Plainview-Elgin-Millville
Eagles Football – Rochester Lourdes
Superlarks Football – Grand Meadow
***Eagles Boys Soccer – Rochester Lourdes**
Cardinals Girls Golf – Lewiston-Altura

2011 Amateur Team of the Year: Spartans

Boys Tennis – Rochester Mayo Tigers
Volleyball – Stewartville
***Yellowjackets Men's Basketball – RCTC**
Eagles Boys Basketball – Rochester Lourdes
Komets Wrestling – Kasson-Mantorville

2010 Amateur Team of the Year:

Bulldogs Boys Basketball - Plainview-Elgin-Millville
Eagles Girls Tennis - Rochester Lourdes
Yellowjackets Men's Basketball – RCTC
Cobras Football – Triton
***Eagles Football - Rochester Lourdes**



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Coach of the Year

2024 Coach of the Year:

Matt Mauseth - Chatfield Wrestling
Kristi Rindels - Chatfield Volleyball
Timothy Jennings - Mayo Soccer
Aaron Meyer - Stewartville Track & Field
Kyle Riggot - John Marshall Football

2023 Coach of the Year:

Ben Halder - Byron Football
Jeff Demeray - Mayo Tennis
Jason Bonde - RCTC Women's Basketball
***Garrett Mueller - Stewartville Football**
Matt Kolling - Kingsland Football

2022 Coach of the Year:

Jerry Chase - Chatfield Softball
Charro Coleman - Byron Gymnastics/Girls Track & Field
***Chris Mensick - Fillmore Football**
Taige Puetz - SC/LA Soccer
Ben Maes - Lourdes Girls Tennis

2021 Coach of the Year:

Chris Pack – Hayfield Basketball
***Jeff Johnson – Chatfield Football**
Kasey Krekling – Hayfield Baseball
Matt Northrup – PI Boys Track
Steve Randgaard – Lake City Girls Golf

2019 Coach of the Year:

Amber Zitzow – RCTC Volleyball
John Dzubay – Stewartville Volleyball
Corlis Hicks – Rochester STEM Fencing
Becky Macken – Lourdes Softball
Eric Klein – St. Charles Boys Track

2018 Coach of the Year:

Amber Zitzow – RCTC Volleyball
Mike Kesler – Lourdes Football
Link Steffen – ZM Wrestling
***Jamie Heidt – KM Wrestling**
Nick Crossley – Century Tennis

2017 Coach of the Year:

Kevin Nelson - Zumbrota-Mazeppa Softball
***Josh Wieme - Goodhue Girls Basketball**
Link Steffen – Zumbrota-Mazeppa Wrestling
Jamie Heidt – Kasson-Mantorville Wrestling
Randy Rager – RCTC Wrestling

2016 Coach of the Year:

Kevin Nelson – Zumbrota-Mazeppa Softball
Josh Wieme – Goodhue Girls Basketball
***Mike Kesler – Lourdes Football**
Jamie Heidt – Kasson-Mantorville Wrestling
Brian LaPlante - RCTC Men's Basketball

2015 Coach of the Year:

Gary Sloan – Grand Meadow Football Bill
Quistorff – RCTC Football
Jeff Fague – Kasson-Mantorville Softball Amber
Zitzow – RCTC Volleyball
***Brian Harris – Dover-Eyota Girls Basketball**

2014 Coach of the Year:

Gary Sloan – Grand Meadow Football
***Joel Viss – Chatfield Wrestling** John
Dzubay – Stewartville Volleyball Amber
Zitzow – RCTC Volleyball
Mike Kesler – Lourdes Football

2013 Coach of the Year:

Denise Case – Fillmore Century Volleyball Jeff
Johnson – Chatfield Football
Paul Mann & Jamie Heidt – KM Wrestling
***Gary Sloan – Grand Meadow Football**
Broc Threinen – KM Baseball

2012 Coach of the Year:

Tom Kane – Rochester Lourdes Boys Soccer
Charro Coleman - Byron Track & Field
***Kirk Thompson - PEM Boys Basketball**
Mike Kesler - Lourdes Football
Gary Sloan - Grand Meadow Football

2011 Coach of the Year:

Jim Daly – Rochester Lourdes Boys Basketball
***Brian LaPlante - RCTC Men's Basketball**
Steve Fritz - St. Thomas Men's Basketball Jeff
Demaray – Rochester Mayo Boys Tennis Derrick
Hintz - RCTC Football

2010 Coach of the Year:

***Mike Kesler - Rochester Lourdes Football**
Brian LaPlante - RCTC Men's Basketball Jon
Vik - Rochester Century Football
Deb Frederick - Rochester Mayo Volleyball Paul
Bachman - Rochester JM Swimming

2009 Coach of the Year:

Kirk Thompson – PEM Boys Basketball
***Steve Huckle – RCTC Women's Basketball**
Aaron Johnston – SDSU Women's Basketball
Jane Krier – Byron Volleyball
Terry Heiderscheidt – Roch. JM Girls Basketball

2008 Coach of the Year:

Nick Fatis – MN Ice Hawks Hockey
***Kevin Rust – Lourdes Boys & Girls Tennis**
Dale Magnuson – Century Swimming Deb
Frederick – Mayo Girls Volleyball Dave
Edwards – Mayo Girls Tennis



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Female Athlete of the Year

2024 Female Athlete of the Year:

Samantha Perez - SCLA Soccer / Track & Field
Lauren Elsmore - Pine Island Wrestling
Elisabeth Gadiant - Goodhue Basketball & Volleyball
Jaelyn LaPlante - Chatfield Volleyball
Claire Loftus - Mayo Tennis

2023 Female Athlete of the Year:

Haylie Strum - Stewartville Basketball & Track
Claire Loftus - Mayo Tennis
***Makadyn Gust - St. Charles Basketball, Soccer, & Softball**
Elise Jensen - Century Volleyball, Track & Field
Paige Halder - Byron Basketball, Track, & Soccer

2022 Female Athlete of the Year:

Claire Springer - Chatfield Softball
***Hannah Hanson - Mayo Volleyball, Basketball, Track**
Lilly Meister - John Marshall Basketball
Anika Reiland - GMLOKS Track
Rylee Nelson - ZM Volleyball

2021 Female Athlete of the Year:

Avery Steffen – ZM Softball
Katie Lembrecht – Byron Soccer, BB, Track
Lindsey Root – St. Charles Track
Maggie Hanzel – Lourdes Hockey
***Sawyer Gorman – PI/ZM Gymnastics**

2019 Female Athlete of the Year:

***Alyssa Ustby – Lourdes Soccer, Basketball & Softball**
Kaitlyn Prondzinski – Stewartville Volleyball
Lexi Chase – Chatfield Softball
Annie Wendt – Mayo Track
Emilee Buringa – St. Charles Softball

2018 Female Athlete of the Year:

Taylor Kreitingner – Byron Soccer & Track
Clare Palen/Natalie Allison – Lourdes Tennis
Ayoka Lee – Bryon Basketball, Track & Volleyball
***Peyton Suess – Kasson-Mantorville Volleyball**
Makayla Pahl – Mayo Hockey

2017 Female Athlete of the Year:

Makayla Griffin – Kasson-Mantorville Soccer
***Mara Quam – Kenyon-Wanamingo Basketball, T&F, Volleyball**
Kristin Scott – Kasson-Mantorville Basketball
Kara O'Byrne – Stewartville Softball
Abby Mueller – Rochester JM Gymnastics

2016 Female Athlete of the Year:

***Andrianna Jacobs – Century Track, Diving, Gymnastics**
Jamie Ruden – John Marshall Basketball
Ashley Olson – Dover Eyota Soccer, Basketball, Track
Sam Macken – U of M Softball
Morgan Olson – Zumbrota-Mazeppa Softball

2015 Female Athlete of the Year:

***Maddie Damon – Kasson-Mantorville Softball**
Andrianna Jacobs – Century Track, Diving,
Gymnastics Jessica Aney – Century Boys Tennis,
Girls Hockey Carley Miller – Kasson-Mantorville
Weightlifting
Brandi Blattner – Dover-Eyota Basketball

2014 Female Athlete of the Year:

Andrianna Jacobs – Century Track, Diving, Gymnastics
***Paige Tapp – U of M Volleyball**
Taylor Wiebke – Kasson-Mantorville Track and
Field Jessica Aney – Century Hockey, USA
Tennis Maddie Damon – Kasson-Mantorville
Softball

2013 Female Athlete of the Year:

Vanessa Anderson – Byron Basketball & Softball
Katie Aney – Century Tennis, Hockey & Lacrosse
Maddison Damon – Kasson-Mantorville Softball
Andrianna Jacobs – Century Diving, Gymnastics,
T&F
***Dani Wagner – Hayfield Volleyball, Basketball & Softball**

2012 Female Athlete of the Year:

Ashley Hinsch – Zumbrota-Mazeppa Basketball, Volleyball
Jessica Aney – Rochester Century Tennis, Hockey
***Laurel Ramer – Kasson-Mantorville Soccer**
Erin Cafilich – Rochester Mayo/U of M
Swimming
Sam Macken – Rochester Lourdes Softball

2011 Female Athlete of the Year:

***Ingrid Neel – Rochester Mayo Tennis**
Jessica Aney – Rochester Century Tennis
Lauren Luebbe – Rochester Lourdes/Regis
Basketball Taylor Bass – Rochester JM Swimming
Jordan Price – Byron Golf, Volleyball, Basketball

2010 Female Athlete of the Year:

Laura Melquist - Rochester Lourdes Basketball
Kelsey Frechette - Rochester Century Tennis
Brittney Looker - Rochester Mayo Volleyball
***Julia Hirssig - UW-Stout Basketball (Mayo)**
Jessica Aney - Rochester Century Tennis/Hockey

2009 Female Athlete of the Year:

Anne Breland – RCTC Women's Basketball
Rachael Click – Gustavus Adolphus Softball
(Mayo) Julia Hirssig – UW-Stout Basketball
(Mayo)
Mary Grace Flesher – Roch. Mayo Soccer/Hockey
***Maggie McNamara – Concordia-St. Paul Volleyball (Z-M)**

2008 Female Athlete of the Year:

***Alexa Palen – Rochester Lourdes Tennis**
Jenny Shaughnessy – U of M Swimming (JM)
Steph Brandt – Century Soccer
Maggie McNamara – Concordia-St. Paul Volleyball (Z-M)
Anne Breland – RCTC Basketball (Lourdes)



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Male Athlete of the Year

2024 Male Athlete of the Year:

Parker Wangen - Stewartville Football & Basketball
Tej Bhagra - Mayo Tennis
Shaun Wysocki - Century Basketball / Track & Field
Will Van Epps - Kenyon-Wanamingo Baseball / Football & Wrestling
Blake Moynagh - Lourdes Soccer

2023 Male Athlete of the Year:

Isaac Matti - Hayfield Football & Basketball
Christopher Tree - Pine Island Soccer, Track & Field
***Carter Holcomb - Mayo Football & Track**
Ayden Helder - Stewartville Football
Jayce Kiehne - Fillmore Central Football

2022 Male Athlete of the Year:

Noah Billings - Rochester Nordic Ski Team - Mountain Bike - Triathlete
***Bennett Berge - KM Wrestling**
Gavin Gust - Dover-Eyota Wrestling
Jarod White - Pine Island Track and Field
Joe Sperry - Lourdes Baseball

2021 Male Athlete of the Year:

Brody Lamb – Dodge County Hockey
***Cayden Holcomb – Mayo Football, Baseball & Track**
Easton Fritcher – Hayfield Baseball
Ethan Slaathaug – Hayfield Basketball
Jarod White – PI Track & Field
Will Tschetter – Stewartville Basketball & Track

2019 Male Athlete of the Year:

***Patrick Kennedy – KM Wrestling**
Jack Fisher – Century Football, Basketball & Track
Jeron Matson – Kenyon-Wanamingo Wrestling
Tyler Ryan – Kenyon-Wanamingo Wrestling
Matthew Hurt – John Marshall Basketball

2018 Male Athlete of the Year:

Patrick Kennedy – Kasson-Mantorville Wrestling
Barron Holtz – PEM Baseball
Reed Davis – Schaeffer Baseball
Sebastian Vile – Mayo Tennis
***Matthew hurt – John Marshall Basketball**

2017 Male Athlete of the Year:

Tysen Schmidt – PEM Track
***Brady Berge – Kasson-Mantorville Wrestling**
Bailee O'Reilly – Goodhue Wrestling
Sebastian Vile – Rochester Mayo Tennis
Matthew Hurt – Rochester JM Basketball

2016 Male Athlete of the Year:

***Brady Berge – Kasson-Mantorville Wrestling**
Jack Nelson – Winona State Football
Christopher Bain – Grand Meadow Football
Zach Liebler – U of M Gymnastics
Michael Hurt – John Marshall Basketball

2015 Male Athlete of the Year:

Andrew Worden – Kasson-Mantorville Gymnastics
***Nick Rooney – RCTC Football**
Alex Kapraun – St. Thomas Golf
Chase Rahman – PEM Football
Brady Berge – Kasson-Mantorville Wrestling

2014 Male Athlete of the Year:

Sam Stoll – Kasson-Mantorville Wrestling
***Brad Mathiowetz – Mayo Baseball**
Landon Jacobson – Grand Meadow Football
Chris Captain – Century/Gustavus Golf
Aaron Quandt – Stewartville Football & Basketball

2013 Male Athlete of the Year:

***Sam Stoll – Kasson-Mantorville Wrestling**
Micah Hegerle – KM/U of M Track & Field Riley
Donovan – KM Baseball/USD Football
Jack T. Nelson – Byron Basketball/WSU Football
Christopher White – SDSU Diving

2012 Male Athlete of the Year:

Broc Berge – Kasson-Mantorville Wrestling
***Mitch Brown – Rochester Century Baseball**
Brian Kiel – Rochester Century/Purdue Swimming Jack T. Nelson – Byron Football, Basketball, Baseball Alex Crawford – Rochester Century Football

2011 Male Athlete of the Year:

Chris Freeman – Rochester Century Swimming Cole Olstad - PEM Basketball
Alex Kapraun – Rochester Lourdes/St. Thomas Golf
***Caleb Leichtnam - RCTC Football**
Mike Schmitz - Stewartville/UW-Lacrosse Wrestling

2010 Male Athlete of the Year:

Aaron Senne - Univ. of Missouri Baseball (Mayo) Ben Kopecky - Rochester Lourdes Tennis
Isaac Odum - Univ. of MN-Duluth Football (Century) Joe Clark - Augustana College Football (Century)
***Adam Lentz - Rochester Lourdes Football**

2009 Male Athlete of the Year:

***Tyler Cain – Univ. of South Dakota Basketball** Chris Paradise – K-M Football, Basketball & Baseball David Johnson – Winona State Basketball (Hayfield) Ben Kopecky – Rochester Lourdes Tennis
Kendrick Bachman – JM/U of WY Swimming (JM)

2008 Male Athlete of the Year:

Vince Herring – Swimming
Jason Rhoten – Minnesota State Univ. Wrestling (K-M)
Jordan Hicks – Loyola Basketball (Mayo)
Aaron Senne – U. of Missouri Baseball (Mayo)
***Alex Kangas – U. of Minnesota Hockey (Century)**

2007 Male Athlete of the Year:

Mike Schmitz – Stewartville Wrestling
Tyler Sherden – Luther College Football (JM)
***Matt Penz – St. Olaf College Football (Mayo)**
Mario Butler – Rochester Mayo Football
Barret Anderson – UNI Football (Rochester Mayo)



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Adaptive Athlete/Team of the Year

2024 Adaptive Athlete/Team of the Year:

Braxton Small - Rochester Raiders Soccer & Softball

Rochester Raiders Soccer

Allie Peterson - Stewartville Bowling

Rochester Raiders Softball

Andrew Westerman - Rochester Raiders Softball

2023 Adaptive Athlete/Team of the Year:

Joseph Hansen - Rochester Raiders Soccer, Softball, & Floor Hockey

***Tyler Gunnarson - Track & Field**

Rochester Raiders Soccer

Rochester Raiders Softball

2022 Adaptive Athlete/Team of the Year:

Zed Zorros Bowling

Tyler Gunderson - 100 Meter Wheelchair Dash

Rochester Raiders - PI Floor Hockey

***Goodhue County - ASD Bowling**

Will Adamson - Rochester Raiders

2021 Adaptive Athlete/Team of the Year:

***Peyton Gunnarson – LA Track & Field**

Rochester Adaptive Soccer PI Division

Seth Pack – ZED Zorros

2019 Adaptive Athlete/Team of the Year:

ZED Zorros Bowling

Steven Casey

Rochester Flyers Football

***Noah Johnson – Rochester Raiders**

Rochester Raiders Softball

2018 Adaptive Athlete/Team of the Year:

Janet Harner – Rochester Flyers

Blake Hillman – Raiders Softball

***Alex Steffl – Rochester Flyers**

Julian Stacy – Raider Softball

Tony Kasner – Rochester Flyers

2017 Adaptive Athlete/Team of the Year:

Sean Healy – Raiders Hockey and Softball

Shelley Lowery – Rochester Flyers

***Alex Steffl – Rochester Flyers**

Philip Fritzke – Flyers Bowling

Rochester Flyers Blue Team

2016 Adaptive Athlete/Team of the Year:

***Hannah Hughes –USA Sled Hockey**

Rochester Raiders

Alex Steffl – Special Olympics Poly Hockey

Rochester Flyers

Rachel Wilmes –Rochester Raider

2015 Adaptive Athlete/Team of the Year:

Sean Healy – Raiders Hockey and Softball

Raiders Softball Team

Alex Steffl – Special Olympics Poly Hockey

***Ricky Ties – Paralympic USA Judo** Special

Olympics Bocce Ball Team

2014 Adaptive Athlete/Team of the Year:

Tori Osmundson – Raiders Hockey and Softball

***Matthew Copler – Basketball, Golf, Softball**

Toriano Dixon – Raiders Hockey and Softball Patrick

Healy – Raiders Hockey and Softball Stephen

Guerra – National Beep Baseball

2013 Adaptive Athlete/Team of the Year: Toriano

Dixon – NJDC Archery/Rochester Raiders Patrick

Healy – Rochester Raiders

***Conor Jones – Rochester Raiders**

Rochester Red Raiders - Adaptive Floor Hockey

Rochester Raiders – Adaptive Softball Team

2012 Adaptive Athlete/Team of the Year:

SE MN Miracle League - Baseball

***Mitch Ristau – Fillmore Central Football**

Kathryn Lubahn – Pine Island Track & Field

Nicole Mock – Rochester Raiders

Ben Jordan – Rochester Raiders

2011 Adaptive Athlete/Team of the Year:

SE MN Miracle League - Baseball

Matthew Copler – Golf, Hockey Amy

Holty - Swimming

***Zach Thesing – St. Charles Wrestling**

Andy Brownell – Bowling

2010 Adaptive Athlete/Team of the Year: Southeastern

MN Miracle League (Baseball/Softball) Matthew Copler -

Special Olympics

Hawk Beaugard - Rochester Raiders

***Nate Sorenson - Rochester Raiders**

Conor Jones - Rochester Raiders

2009 Adaptive Athlete/Team of the Year:

Southeastern MN Miracle League (Baseball/Softball)

***Rochester Shining Stars – Cheer Team**

Maynard Read – Wheelchair Racing

Rochester Special Olympics – Basketball

Rochester Raiders – Adaptive Floor Hockey

2008 Adaptive Athlete/Team of the Year: Southeastern

MN Miracle League – Softball/Baseball Rochester Shining

Stars – Cheer Team

***Andrew Watts – Rochester Raiders**

Rochester Special Olympics Basketball Team

Matthew Copler – Rochester Raiders, Special Olympics



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Amateur Sports Lifetime Achievement Award

2024 - Brad Johnson

2023 - Jon Springer

2022 - Pat Lund

2019 – Keith Kangas

2018 – Dick Gosse

2017 – Bill Shaughnessy

2016 – Gary Addington

2015 – Bob Bardwell

2014 – Vince Herring

2013 – Carole Shulman

2012 – Don Supalla

2011 – Chub Stewart

2010 – Ken Johansson

2009 – Mike Carroll

2008 – Bob Brown

2007 – Kerwin Englehart

2006 – Roy Sutherland

2005 – Kak & Dewey Johnson

Coaches Lifetime Achievement Award

2018 – Cy Champa – RCTC Football

2017 – Don Henderson – Triton Football

2016 – Dale Massey – Mayo Baseball

2015 – Jarvis Anderson – PEM Baseball Coach

2014 – Myron Glass – Rochester Lourdes GBB, T&F

2013 – Joe Mayer – Rochester Lourdes Football

2012 - Neil McCormack - Rochester Mayo Golf

2011 - Evar Silvernagle – Rochester Swimming

2010 - Lorne Grosso – Rochester Mayo Boys Hockey

2009 - Doug Hudson – Rochester Lourdes Baseball



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Post High School Female Athlete of the Year:

2024 - Natalie Bremer - Minnesota State University Mankato Basketball

2023 - Taylor Heise - University of Minnesota / Minnesota Frost PWHL

2022 - Liv Korngable - University of South Dakota Basketball

2021 – Ayoka Lee – Kansas State Basketball

2019 – Jessie Aney – UNC Tennis

2018 – Nora Holtan – Gustavus Volleyball

2017 –Sam Macken– University of Minnesota Softball

Post High School Male Athlete of the Year:

2024 - Jack Studer - University of Wisconsin La Crosse Football

2023 - Cade Sheehan - Augsburg University Football

2022 - Mac Horvath - University of North Carolina Baseball

2021 – Matthew Hurt – Duke Basketball

2019 – Brett Bradford – Lindsey Wilson Wrestling

2018 – Chris Captain – Gustavus Golf

2017 –Derek Wiebke– University of Minnesota Track & Field

Youth Team of the Year:

2018 – Rochester Youth Soccer U12 Boys C1 Team